



Garvan Institute of Medical Research

Leaders in Science & Society



Professor Helen Christensen

Director & Chief Scientist
Black Dog Institute
University of New South Wales

“Detect and Deliver”

Monday 21 November 2016 12PM, AUDITORIUM

Host: Prof John Mattick

Prof Helen Christensen is Director & Chief Scientist of the Black Dog Institute at the University of New South Wales. She is an international leader in the use of technology to both detect poor mental health and to deliver quality evidence-based therapies. Her current research focuses on the effective integration of websites, apps, sensors, social media and Smartphone tools into large-scale prevention and intervention programs for anxiety, depression and suicide. Prof Christensen is also a vocal advocate for evidence informed policy to improve universal access to quality mental health care.