



**YOUR COMMUNICATION OPTIONS**

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Typically the Garvan sends two to three appeal letters a year as well as three issues of our newsletter *breakthrough*. We also send information about our free disease information seminars. You may alter the communications you receive from us at any time. Please let us know if you

- Wish to receive **only one appeal letter** a year in May/June
- Do not wish to receive any appeal letters
- Do not wish to receive our newsletter *breakthrough*
- Do not wish to receive seminar information
- Do not wish to receive any further communication from Garvan (other than receipts)
- Would only like to receive our newsletter and seminar information by email (please remember to include your email address above)
- I am particularly interested in the \_\_\_\_\_ research/disease area

**ANY OTHER COMMENTS?**

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